

INDOOR AIR QUALITY



Control sources of indoor air pollution. When cleaning, change the vacuum's bag or filter often to avoid putting dust particles back into the air. In the bathroom or kitchen areas, make sure to use cleaners that kill mold and bacteria. After cleaning, make sure all cleaning solutions are tightly sealed and stored in a closed cupboard to avoid releasing fumes.

Improve ventilation. After vacuuming or cleaning, open windows and turn on fans when possible to clear the air of dust and chemicals. If the home has a central heating system, find out when the filter was last changed or cleaned. Cooking can put particles into the air, especially when frying or baking at high temperatures. Use the fan over the stove to remove thick or smoky air. Avoid using scented air-freshening chemicals, which do not clean the air and can irritate your clients' lungs.